

Sunningdale School

Sample Weekly Menu

	Breakfast	Lunch	Tea
Monday	Pains au Chocolat Toast, Juice and Milk	Cottage Pie Strawberries and Cream	Chinese Chicken drumsticks with noodles
Tuesday	Bacon and mushrooms Toast, milk and juice	Cheese, ham and onion quiche New potatoes with chives, salad Banoffee pie and cream	Torteloni cheese and corn on the cob
Wednesday	Boiled eggs, toast, milk and juice	Salmon and spring onion fishcakes, Caesar salad Fruit salad	Spaghetti bolognaise and cheese
Thursday	Sausages and hash browns Toast, Juice, Milk	Roast beef, Yorkshire pudding, roast potatoes and vegetables Sponge cake with cream	Minestrone soup and cheese bread
Friday	Scrambled eggs and mushrooms Toast, milk, juice	Crispy Fish, fries, peas and sweet corn Jelly	Cheese and tomato/pepperoni pizza Mixed salad
Saturday	Pancakes and syrup Toast, milk and juice	Beef Stroganoff in rich cream sauce with mushrooms Apple crumble	Honey glazed gammon steaks and cauliflower cheese
Sunday	Waffles and beans Toast, milk, juice	Lasagne with garlic dough balls Tossed salad Ice lollies	Selection of cold dishes